

Tableau des records de l'ASPTT au 31 décembre 2021

31/12/2021	TCF	TCM	BEF	BEM	MIF	MIM	CAF	CAM	JUF	JUM	ESF	ESM	SEF	SEM	VEF	VEM
50m Stade	6s93	6s31			6s93	6s31	6s93	6s31	6s93	6s31	6s93	6s31	6s93	6s31		
50m Salle	6s83	5s7			6s83	6s37	6s83	6s28	6s83	6s17	6s83	6s01	6s83	5s7		7s63
60m Salle	7s46	6s84			8s29			6s91	7s87	6s91	7s87	6s89	7s46	6s84	9s43	7s78
80m	10s1	9s29		10s1	9s29	10s1	9s29	10s1	9s29	10s1	9s29	10s1	9s29			
100m	11s63	10s47			12s91	12s00		10s80	11s9	10s72	11s94	10s3	11s63	10s47	14s92	11s7
120m	16s67	14s44			16s67	14s44	16s67	14s44	16s67	14s44	16s67	14s44	16s67	14s44		
150m	19m3	17m6			19m3	17m6	19m3	17m6	19m3	17m6	19m3	17m6	19m3	17m6		
200m	23s49	21s60						22s36	25s1	21s8	24s02	21s5	23s49	21s60	32s10	24s01
200m Salle	23s69	21s93						22s44		22s44		21s93	23s69	21s93	30s37	24s23
300m	41s37	36s92						37s07		37s07		37s07		36s92		
300m Salle	45s11	37s31						37s31	45s63	37s31	45s63	37s31	45s11	37s31		
400m	54s85	46s91				58s3		51s24		49s02	55s8	47s5	54s85	46s91	65s93	53s09
400m Salle	55s62	48s24						51s60		49s89		49s43	55s62	48s24	66s44	53s62
500m	80s2	1m11s16			80s2	1m11s16	80s2	1m11s16	80s2	1m11s16	80s2	1m11s16	80s2	1m11s16		
800m	2m09s46	1m47s49						1m54s51	2m10s54	1m50s3	2m10s54	1m49s14	2m09s46	1m47s49	2m29s06	1m57s48
800m Salle	2m08s34	1m51s13						2m00s21	2m18s43	1m54s50	2m15s82	1m51s13	2m08s34	1m51s13	2m33s69	2m08s12
1000m	3m04s33	2m18s00	3m15s9		3m04s33	2m40s13	3m04s33	2m35s9	3m04s33	2m25s8	3m04s33	2m25s8	3m04s33	2m18s00	3m18s59	2m52s8
1000m Salle	3m07s91	2m22s73			3m12s78	2m45s67		2m45s67		2m45s67		2m44s47		2m22s73	3m34s92	2m47s96
1200m	4m04s7	3m25s5		4m04s7	3m25s5	4m04s7	3m25s5	4m04s7	3m25s5	4m04s7	3m25s5	4m04s7	3m25s5	4m04s7	3m25s5	
1500m	4m39s23	3m36s05						4m10s09	4m39s58	3m53s74	4m39s58	3m44s98	4m39s23	3m36s05	4m57s79	4m00s70
1500m Salle	4m28s86	3m41s09						4m23s92	4m54s94	4m11s49	4m28s86	4m01s31	4m28s86	3m41s09	5m04s24	4m23s02
Mile		4m38s65						4m38s65		4m38s65		4m38s65		4m38s65		4m58s27
2000m	6m43s59	5m03s25	7m3s3		7m3s3	6m14s0		6m14s0		6m14s0		5m34s4	6m43s59	5m03s25	8m13s80	6m30s89
3000m	9m45s14	8m01s44				9m34s18		9m06s30	10m35s27	8m38s95	9m45s14	8m15s6	9m45s14	8m01s44	10m20s34	8m44s89
3000m Salle	10m10s65	8m05s67						9m29s73	12m51s65	9m09s65	12m51s65	8m41s50	10m10s65	8m05s67	10m54s79	8m59s38
5000m	16m37s9	13m55s8							19m17s95	15m15s0	17m42s80	14m18s39	16m37s9	13m55s8	18m20s26	15m09s26
5 Km Route		15m57s								15m57s		15m57s		15m57s		16m53s
10 000m	34m11s9	29m09s4							43m47s4		34m53s12	30m33s28	34m11s9	29m09s4	38m14s6	32m21s0
10 Km Route	34m16s0s	40:11						32m45s	37m49s	31m56s	34m29s	30m02s0	34m16s0s	40:11	35m57s	31m29s
15 Km Route	52m44s	49m34s									52m44s	57m48s	52m44s	49m34s	55m40s	50m47s
20 000m		1H01m08s8										1H06m30s		1H01m08s8		1H13m59s
20 Km Route	1h15m57s	1h07m13s							1h47m06s		1h47m06s	1h18m33s	1h20m21s	1h07m13s	1h15m57s	1h08m27s
21,1 Km Route	1H14m06s	1H05m38s							1H42m24s	1H13m13s	1H15m25s	1H09m06s	1H14m06s	1H05m38s	1H18m05s	1H09m49s
25 000m		1H19m13s0												1H19m13s0		
25 Km Route		1h24m44												1h24m44		1h25m11
30 000m		1H34m45s9												1H34m45s9		
Semi Marathon	1h14m06s0	1h05m38s							1h42m24s	1h27m55s	1h20m03s	1h09m06s	1h14m06s0	1h05m38s	1h18m05s	1h09m49s
30 Minutes Piste	7km547	8km330			7km386	8km330	7km547	8km330	7km547	8km330	7km547	8km330	7km547	8km330		
45 Minutes Piste		12km910						12km910				12km910		12km910		
Heure Piste	17km332	19km631							13km590	16km313m	16km986	18km083m	17km332	19km631	14km820	17km272m
Marathon	2h50m13s	2H19m06s										2H24m46s	2h50m13s	2H19m06s	2h50m35s	2h26m28s
Ekiden	2h48m30s	2h16m27s										2h25m58s	2h48m30s	2h16m27s		2h23m33s
Ekiden mixte	2h37m10s															
24 Heures		224km561m												206km893		224km561m
100 Km Route	8h55m16s	7H47m17s												7H47m17s	8h55m16s	8H48m38s
50m Haies (76)	8s47				8s47		8s47		8s47		8s47		8s47			
50m Haies (76) Salle	7s55				7s97		7s97		7s97		7s97		7s55			

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50m Haies(84) - Salle	7s51	7s31				7s31		7s31	7s51	7s31	7s51	7s31	7s51	7s31		
50m Haies (91)-Salle		7s25						7s25		7s25		7s25		7s25		
50m Haies 106)-Salle		7s85								7s85		7s85		7s85		
60m Haies (76) Salle	8s58											8s58				
60m Haies (84)-Salle	1s63	8s69				8s69		8s69	9s37	8s69	9s37	8s69	1s63	8s69	10s21	
60m Haies (91) Salle		8s31						8s31		8s31		8s31		8s31		
60m Haies (106) Salle		8s08								8s80		8s08		8s08	10s05	
80m Haies (76)	11s8				11s8		11s8		11s8		11s8		11s8			
100m Haies (84)	13s79	13s99				13s99		13s99	14s42	13s99	14s30	13s99	13s79	13s99	17s15	
100m Haies (76)	14s75				17s82											
110m Haies(91)		14s43						14s43		14s43		14s43		14s43		
110m Haies(106)		14s13						16s60		15s78		14s13		14s13		
110m Haies (99)		14s98								14s98		14s98		14s98	17s46	
50m Haies (99)-Salle		6s89								6s89		6s89		6s89		
60m Haies (99) Salle		8s53								8s53		8s53		8s53	10s04	
80m Haies (84)		11s9				11s9		11s9		11s9		11s9		11s9		
200m Haies (76)	28s0	26s60			31s52	26s60	31s52	26s60	31s52	26s60	31s52	26s60	28s0	26s60		
250m Haies	38s00	33s3			38s00	33s3	38s00	33s3	38s00	33s3	38s00	33s3	38s00	33s3		
320m Haies (84)		44s73						44s73		44s73		44s73		44s73		
320m Haies (76)	49s11															
400m Haies (76)	58s95								64s64		63s20		58s95			
400m Haies (84)		55s90						55s90		55s90		55s90		55s90		
400m Haies (91)		53s92						57s93		56s13		55s30		53s92	62s10	
1500m Steeple (76)																
1500m Steeple (91)		4m33s7						4m33s7		4m33s7		4m33s7		4m33s7	10m34s32	
2000m Steeple (76)	7m51s29	7m41s65													7m41s65	
2000m Steeple (84)		7m20s41						7m20s41		7m20s41		7m20s41		7m20s41		
2000m Steeple (91)		6m10s67						6m32s62		6m26s54		6m10s67		6m10s67		
3000m Steeple (91)		8m36s4								9m34s32		9m06s06		8m36s4	9m43s69	
3000m Steeple (76)	10m47s11										12m25s84		10m47s11			
Hauteur	1m80	2m10			1m65	1m90	1m80	2m05	1m80	2m09	1m80	2m10	1m80	2m10	1m20	1m63
Perche	3m46	5m00			2m90	4m00	3m22	4m45	3m46	4m45	3m46	4m80	3m46	5m00		3m91
Longueur	6m85	7m51			5m62	6m42	6m27	6m98	6m52	6m98	6m85	7m51	6m85	7m51	5m04	5m68
Triple Saut	12m24	14m86			11m15	13m42	11m51	13m95	11m54	14m86	11m54	14m86	12m24	14m86		10m05
Hauteur Salle	1m78	2m08			1m50	1m72	1m63	2m05	1m63	2m06	1m63	2m08	1m78	2m08		1m75
Perche Salle	3m45	4m90			2m40	3m90	3m23	4m30	3m45	4m40	3m45	4m60	3m45	4m90		3m60
Longueur Salle	6m64	7m48			5m35	6m37	5m48	6m61	5m48	6m61	6m64	7m44	6m64	7m48	4m73	5m73
Triple Saut Salle	11m87	14m37			11m16	13m39	11m46	13m39	11m46	13m39	11m46	14m37	11m87	14m37		
Poids (3Kg)	12m76				11m41		12m76		12m76		12m76		12m76		10m11	
Poids (4Kg)	11m92	15m18			5m93	15m18	10m85	15m18	11m44	15m18	11m44	15m18	11m92	15m18	8m43	
Poids (5Kg)		14m78						14m78		14m78		14m78		14m78		
Poids (6Kg)		14m76								14m76		14m76		14m76		7m31
Poids (7.26Kg)		16m58						11m63		13m42		13m72		16m58		12m90
Disque (0.8Kg)	34m52				30m98		34m52		34m52		34m52		34m52			
Disque (1.0Kg)	37m36				28m30		31m84		32m44		35m40		37m36		31m70	
Disque (1.2Kg)		45m40				45m40		45m40		45m40		45m40		45m40		
Disque (1.5Kg)		41m66				26m73		41m66		41m66		41m66		41m66		29m25
Disque (1.75Kg)		42m98						32m77		42m98		42m98		42m98		
Disque (2.0Kg)		43m56						36m85		39m52		41m26		43m56		38m31

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Marteau (3Kg)	54m61				36m10		54m61		54m61		54m61		54m61		48m32		
Marteau (4Kg)	47m88	43m86				43m86	41m64	43m86	47m88	43m86	47m88	43m86	47m88	43m86	44m90		
Marteau (5Kg)		58m06				32m00		58m06		58m06		58m06		58m06			
Marteau (6Kg)		58m33								58m33		58m33		58m33		14m48	
Marteau (7.26Kg)		61m46						42m75		51m52		51m52		61m46		34m28	
Javelot (400g)	19m80															19m80	
Javelot (500g)	35m98				35m98		35m98		35m98		35m98		35m98		23m67		
Poids (3Kg) Salle	11m07				9m92		11m07		11m07		11m07		11m07		8m47		
Poids (4Kg) Salle	12m49	13m60				13m60	7m81	13m60	9m88	13m60	10m16	13m60	12m49	13m60	8m63		
Poids (5Kg) Salle		14m00				11m23		14m00		14m00		14m00		14m00			
Poids (6Kg) Salle		13m02						10m76		13m02		13m02		13m02		9m66	
Poids (7Kg) Salle		13m65										13m43		13m65		9m13	
Javelot (600g)	42m60	47m18			21m38	47m18	36m68	47m18	42m30	47m18	42m30	47m18	42m60	47m18	30m81		
Javelot (700g)		52m84						52m84		52m84		52m84		52m84		24m32	
Javelot (800g)		61m18						47m76		57m22		57m22		61m18		52m38	
Triathlon Table 2009	88	103			88	103				103							
Triathlon Table 2017	117	115			117	115	117	115	117	115	117	115	117	115			
Tetrathlon M	1802	1575			1802	1575	1802	1575	1802	1575	1802	1575	1802	1575			
Heptathlon	5371						00:00.00		5095		5095		5371				
Hexathlon	3272	2971			2971	3272	2971	3272						2971			
Octathlon		4363					4363			4363		4363		4363			
Enneathlon	3832	5014				3832	5014					3832	5014				
Decathlon	6338	7294					6126	4972									
Triathlon Table 2009 - Salle	81	88			81	88	81								88		
Triathlon Table 2017	117	115			117	115	117	115	117	115	117	115	117	115			
Tetrathlon Salle	1746					1746		1746		1746		1746					
Pentathlon Salle		3843			2796	2814	3008		3008	3843	3008	3843					
Heptathlon Salle		4899					4899										
4 x 60m	30s8	28s37			30s8	28s37	30s8	28s37	30s8	28s37	30s8	28s37	30s8	28s37			
4 x 80m	41s4				41s4		41s4		41s4		41s4		41s4				
4 x 100m M	47s00	41s52					44s68	50s43	44s68	49s33	43s4	47s00	41s52				
4 x 200m	1m41s57	1m27s6						1m50s17	1m34s61	1m50s12	1m30s44	1m41s57	1m27s6				
4 x 200m Salle	1m47s98	1m32s17					1m34s14	1m47s98	1m34s14	1m47s98	1m34s14	1m47s98	1m32s17				
4 x 400m	3m52s18	3m20s8						3m58s3		3m58s3	3m21s22	3m52s18	3m20s8		3m44s51		
4 x 800m M	9m22s81	7m37s56										9m22s81	7m37s56		9m09s36		
4 x 1000m	13m10s92	10m48s15			14m27s8	12m06s5		10m48s15		10m48s15		10m48s15		10m48s15			
4 x 1500m	20m40s37	15m29s18										20m40s37	15m29s18				
Relais Midley Long M	13m05s03	10m03s21										13m05s03	10m03s21				
8228 M	5m51s05	5m14s26			5m51s05	5m14s26	5m51s05	5m14s26	5m51s05	5m14s26	5m51s05	5m14s26	5m51s05	5m14s26			
8228 Mixte	5m40s29																
2 000m Marche	10m56s17	11m33s16			11m33s16	10m59s4	11m33s16		11m33s16		11m33s16		11m33s16		11m33s16		
3000m Marche	14m46s36	15m53s1			17m04s5	16m20s00		15m53s1		15m53s1		15m53s1	14m47s83	15m53s1	14m46s36		
5000m Marche	25m56s50	19m48s52				31m01s05		27m38s56		25m26s78		23m03s74	27m25s9	19m48s52	25m56s50	20m35s56	
10 000m Marche	h50m37s8	42m40s0								h59m55s48	h51m34s23	h59m55s48	h45m03s00	h50m37s8	42m40s0	59m52s1	h43m38s36
10 Km Marche Route	52m23s	h42m40s							58m47s		58m47s		h53m16s	h42m40s	52m23s	h42m44s	
10 Minutes Marche	1752 m	1719	1752 m	1719	1752 m	1719	1752 m	1719	1752 m	1719	1752 m	1719	1752 m	1719			
20 Minutes Marche	3 470 m				3 470 m		3 470 m		3 470 m		3 470 m		3 470 m				
30 Minutes Marche	5108 m	4445 m				4445 m	5108 m	4445 m	5108 m	4445 m	5108 m	4445 m	5108 m	4445 m			
45 Minutes Marche	7 697 m	7457m					7457m	7 697 m	7457m	7 697 m	7457m	7 697 m	7457m	7 697 m	7457m		

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2000m Marche Salle	11m49s00	14m31s06	11m58s4		11m49s00	14m31s06	11m49s00	14m31s06	11m49s00	14m31s06	11m49s00	14m31s06	11m49s00	14m31s06		
3000m Marche Salle	14m42s73	19m19s55			18m23s70	19m19s55		19m19s55	16m41s61	19m19s55	16m41s61	19m19s55	14m42s73	19m19s55	15m08s43	
5000m Marche Salle		19m53s31						32m18s24		24m21s08		23m11s1		19m53s31		20m36s14
1 Heure Marche	11 482 m	13km433							8 379 m	11 642 m	8 379 m	13 322 m	11 482 m	13km433	10 022 m	12 639 m
Relais 18Km Marche Route		1H27m27												1H27m27		
20 000m Marche	1h50m17s0	1h29m32s0											1h50m17s0	1h29m32s0	2h07m44s9	1h30m49s9
20Km Marche Route	1h46m47s	1h25m21s										1h41m49s	1h46m47s	1h25m21s	1h48m45s	1h25m38s
50Km Marche Route	6H04m00s	5h02m23s												5h28m19s	6H04m00s	5h02m23s
100Km Marche Route		11H14m22s												13H03m29s		11H14m22s
24 Heures Marche	179km226	179km226													179km226	179km226